

**SCHLUPPER**  
(Hessen, Germany)

**Source:** Hessentaenze collected by Hans V D Au  
**Music:** Record: Tanz EP 58104  
**Formation:** Cpls in a circle, side by side, inside hands joined.

<u>Measures</u>	<u>Pattern</u>
<u>3/4</u>	
4	<b>INTRODUCTION</b>
	<b>FIGURE I</b>
1-2	Starting outside ft in waltz tempo swinging arms back and fwd (face to face, back to back).
3-5	3 waltz steps in ballroom pos, turning CW while progressing LOD.
6-10	Repeat action of meas 1-5, but start back to back, face to face, and turn CCW.
11-12	Dishrag turn in LOD (or just turn away from each other).
13-14	Dishrag RLOD (or just turn away from each other).
15-20	Waltz in ballroom pos.
	<b>FIGURE II</b>
1-8	Start outside ft, dishrag or turn away from each other LOD (2 meas) and RLOD (2 meas) and waltz in ballroom pos (4 meas) turning CW.
9-16	Repeat action of meas 1-8 (Fig II), but on meas 13-16 waltz CCW.
17-32	Repeat Fig II, meas 1-16
33-48	Repeat Fig II, meas 1-16 again.

Repeat dance from beginning .

Presented by: Walter Grothe

**TRAMPELPOLKA**  
(Germany)

**Source:** Huig Hofman, Director Volksdanscentrale Voor Vlanderen.  
**Music:** Record: Folkraft 337-013 B  
**Formation:** Cpls in a circle, ptrs facing, M back to ctr.

<u>Measures</u>	<u>Pattern</u>
<u>2/4</u>	
4	<b>INTRODUCTION</b>
A 1	Stamp R ft 3 times (cts 1, &, 2).
2	Clap own hands 3 times.
3-4	Both hands joined, skip 1/2 around CW in 4 skipping steps, beg L ft. (Can be all the way around instead of 1/2).
5-8	Repeat action of meas 1-4.
B 9-16	Both hands held, arms extended, 8 sliding steps LOD, and 8 RLOD. At the end, W move on to next ptr in CW direction. (M take only 6 slides RLOD).
	Repeat dance from beginning - 3 times in all.

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